

2022-2023

HEALTHY  
MEALS



# Red Bank Regional High School

## Breakfast

<b>Student Breakfast</b>	\$1.85	<b>Adult Breakfast</b>	\$2.35
<b>Free/ Reduced Breakfast</b>	\$0.00	<b>Student Second Breakfast</b>	\$1.85

## Lunch

<b>Student Lunch</b>	\$3.35	<b>Adult Lunch/Premium</b>	\$3.85/\$5.10
<b>Extra Entrée with Lunch</b>	\$2.85	<b>Free/ Reduced Lunch</b>	\$0.00
<b>Student Premium Lunch</b>	\$4.35		

## Beverages

<b>Milk/ Organic Milk</b>	\$.75/\$2.25	<b>100% Juice 4 oz.</b>	\$.75
<b>Bottled Water 16 oz.</b>	\$1.00	<b>Coffee/Tea</b>	\$1.50
<b>Gatorade</b>	\$1.50	<b>Propel Water</b>	\$1.50
<b>Dasani Water</b>	\$1.75	<b>Minute Maid Juice</b>	\$2.25
<b>Snapple Plastic Bottle</b>	\$2.25	<b>Polar Seltzer</b>	\$1.25

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$.75	<b>Baked Churro</b>	\$.75
<b>Vegetable Side</b>	\$.75	<b>Slush</b>	\$1.25
<b>Pop Tart</b>	\$1.25	<b>Fresh Baked Cookie</b>	\$.50
<b>Chips</b>	\$1.25	<b>Soft Pretzel</b>	\$1.50
<b>French Fries</b>	\$1.25	<b>Fresh Baked Donut</b>	\$1.50
<b>Nutrigrain Bar</b>	\$1.00	<b>Rice Krispie Treat</b>	\$1.00



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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Healthy meals grow

*healthy kids!*